



SETRAC Injury Prevention Committee

Thursday, February 5, 2026
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Blake Milnes Topic: Call to Order/Approval of Minutes	Blake Milnes welcomed everyone to the injury prevention committee meeting. Minutes from December 11, 2025, were approved by Sara Beth Abbott and Jessica Yell with no changes. Blake advised attendance is tracked by the QR code at the end of the meeting or by going to www.setrac.org/injuryprevention.com . Blake advised he will give a code word at the beginning and end of the meeting to use when logging in attendance.	Minutes approved with no changes
Presenter: Blake Milnes/Alyssa Badillo Topic: New Business Best Practice Education Presentation o VIPR	Alyssa Badillo introduced Liz Torres and gave a brief introduction of Texas VIPR, a new CDC funded Violence and Injury Prevention Research Center. Liz Torres presented an overview of the center's structure, including its administrative, training, outreach cores, internal advisory board, and external advisory board as well as its four research projects focusing on suicide prevention, youth violence, firearm safety, and adverse child experiences. The center has developed educational initiatives like an injury and violence certificate program at UT Health Houston and a summer research experience for students, while also launching a monthly webinar series and providing policy briefs. The center is actively seeking to expand its network and increase its outreach efforts.	The committee has no further recommendations
Presenter: Blake Milnes Topic: Open Discussion Around the Room Updates	Community Updates April Pools Day Discussion Blake discussed drowning prevention efforts, particularly for autistic children highlighting Texas's high drowning death rate and suggested community resources and educational initiatives. Lori Foster provided a date for an upcoming water safety event in Sugar Land. Sarah Beth and Kristen shared a recently published article and flyer about autism and wandering risk. There is a water safety tips document for parents and children with autism translated in Spanish to be distributed when ready. The group discussed collaborating with Dr. Shenoi to improve water safety signage and education. Forming a work group to develop and implement	The committee has no further recommendations



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water safety/drowning prevention resources and events for the community before the start of summer including consideration of an April 1st event at area facilities.

Stop the Bleed Update

Carrman thanked all those who have volunteered to assist and/or lead stop the bleed classes for 2025 to present. Carrman went over the upcoming stop the bleed classes that need instructors.

2-25-2026 – UTHealth Cizik School of Nursing

Two sessions 8:00am – 11:30am / 12:00pm – 2:45pm

3-6-2026 – Anderson Elementary – 10:00am – 11:30am

3-16-2026 – Kerr High School – 10:00am – 11:30am

Carrman reminded all stop the bleed instructors to submit their training data to SETRAC, ACS Portal, and the TX coalition each link and QR code was displayed. She advised if they needed help submitting their data she would help. The reason each submission is necessary is so the data will be accurate across the board.

First Quarter Totals (January – March) so far

- 8 Classes
- 436 trained

Kristen Beckworth shared upcoming events

- The Southeastern Southwestern Injury Prevention Network annual meeting February 24-25, 2026, Houston, TX Hotel ICON
QR code was shared to attend
- Child Abuse Prevention and Education (CAPE) Day jointly provided by Texas Children's Hospital and Children's Memorial Hermann Hospital Thursday, April 23, 2026, 8:30am – 5:00pm for questions contact Diane Kaulen at dbkaulen@texaschildrens.org or 832-822-1944
- Traveling Safe Sleep Education to High SUID Zip Codes
Free Safe Sleep Training – Registration required
 - March 25th - Katy
 - April 22nd - ESD11



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	○ May 13th - Baytown Questions: English – 832-824-3481/Spanish 832-824-3482 Upcoming Car Seat Safety Events Free Car Seat Event ○ February 7th 10:00am-1:00pm Baytown Fire Department Station 7 – 7215 Eastpoint Blvd., Baytown, TX 77521 Appointment required ○ Car Seat Check ○ March 10th 9:30am-12:00pm – Appointment Only Questions 832-824-3481 ○ April 2nd 10:00am – 1:00pm – Pasadena Public Library Central 1201 Jeff Glenn Memorial Drive, Pasadena, TX www.safekidsgreaterhouston.org	
Next Meeting/Adjournment	Trauma Day Thursday April 2, 2026 -10:00am – 11:00am In Person encouraged.	The committee has no further recommendations
Attendees	Rose Rodriguez, Michelle Hauth, Corie Marquez, Lori Foster Lisa Martinez, Julie Matson, Brittany Salazar, Blake Milnes Nancy McKelvy, Katie Fisher, Melanie Gander, Trey Babino Kristen Beckworth, Sarah Abbott, Robin Hazlett, Jennifer Rogers Lisa Valenzon, Lacey Krchnak, Vickie Hipsher, Colbey Hill R. Liza Garcia, Annika Butler, Joseph Murray, Justin Thompson Katy Bowden, Shiree Berry, Krisann Shoemaker Rebecca Crocker, Eric Parmley, Stephanie Garcia, Jessica Yell Ulrike Beelar, Hersila Gopal, Alyssa Badillo, Lauren Oliver, Susannah “Meg” Michael, Trey Urech, Melanie Bradshaw, LeAnne Young Crystal Garza, Stephanie Garcia, Andrew Hiriart	Code Words Water/Safety