



SETRAC Stroke Coordinators Subcommittee

Wednesday, November 19, 2025
SETRAC Conference Center, 1111 N. Loop West, Suite 160, Houston, TX 77008
In-Person / Virtual Meeting

TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Tonia Shelton/Lacey Hess Topic: Call to Order/Approval of Minutes	Tonia Shelton called the meeting to order. Minutes from September 24, 2025, were approved with no changes. 1st code word was given. Attendance will now be tracked by going to www.setrac.org/stroke. This is where you will enter your code words at the beginning and end of the meeting.	The committee has no further recommendations. 1st Code word - Memorial
Presenter: Tonia Shelton Topic: New Business Committee Goals	Tonia started the discussion on the Committee goals and what this group would focus on moving into 2026. The group discussed setting goals, deciding to maintain their current projects including rehab and extended window initiatives, while also continuing to implement best practices at each meeting.	The committee has no further recommendations.
Presenter: Houston Methodist Baytown-Susan Zamora Topic: Stroke Best Practice Presentation	Susan Zamora from Houston Methodist Baytown presented on individualized stroke risk factor education, explaining how nursing staff should initiate care plans within 24 hours for stroke patients and document their modifiable risk factors. She demonstrated the process in Epic's Fire Education system, which generates a checklist of individual risk factors and educates patients and families. Susan reported that since February 2024, staff have maintained 100% compliance with this process.	The committee has no further recommendations.
Presenter: Tonia Shelton Topic: Stroke Education Best Practice Calendar	Tonia showed the 2026 calendar dates informed the members all dates are open to volunteer to present in 2026. A few members volunteered to present in 2026 and will be added to the calendar. Melanie The informed the members about the upcoming events in Houston, particularly the 2026 FIFA World Cup, which will be hosted in the city and could impact emergency services due to expected large crowds and potential heat and hurricane-related challenges.	The committee has no further recommendations
Presenter: Tracy Prenat & Tina Doffing - Rehab Utilization Workgroup Update - Extended Window Workgroup Update	Tracy Prenat gave a brief update on what was discussed at the Rehab Utilization Workgroup meeting. The meeting focused on updates regarding the pilot project and data collection, which have been temporarily paused due to upcoming surveys. Tracy mentioned joining a work group with Dr. Savitz to explore post-acute care policies, including rehabilitation	The committee has no further recommendations



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	requirements. More to come on that. No update reported from Tina at this time.	
Open Discussion	Melanie discussed and reviewed the new pre-hospital triage documents for stroke patients, which were approved at the GETAC level. She will be sending the documents to all the members for review. The plan is to review and have discussions to potentially implement these documents into their regional plan. There was no other open discussion.	The committee has no further recommendations.
Adjournment / Next Meeting	There being no other items for discussion, the meeting adjourned. The next in-person meeting will be on January 28, 2026.	2 nd Code Word – purple/ red