



SETRAC Injury Prevention Committee

Thursday, September 4, 2025
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Blake Milnes Topic: Call to Order/Approval of Minutes Recognition	Blake Milnes welcomed everyone to the injury prevention committee meeting. Minutes from July 10, 2025, were approved with no changes. Blake advised attendance will now be tracked by the QR code at the end of the meeting or by going to www.setrac.org/injuryprevention.com. Blake advised he will give a code word at the beginning and end of the meeting to use when logging in attendance. Kristen Beckworth was recognized for her Smart Visionary 2025 Award.	Minutes approved with no changes.
Presenter: Blake Milnes Topic: New Business - Best Practice Education Presentation - Injury Prevention Efforts	Blake Milnes gave a great presentation on ESD5's Injury Prevention/MIH/Home Inspections. Their injury prevention efforts reduced 911 calls to their frequent system users. Their service is free of charge to the residents in their district. They provide light maintenance, installing wheelchair ramps, AC work, flooring and stair inspection, and night lights for hallways and restrooms. Home Inspection - Online Request Form – HCESD5.Org can be submitted by anyone who lives in the Crosby/Barrett Station area and has a fear of falling, or EMS staff due to multiple falls at a residence. A confidential home inspection is done to identify all fall hazards. Mobile Integrated Health Component – Community Paramedic or EM and Medical Director. Assist with wellness checks at patient's home, medication refills, scheduling doctor's appointments, educational materials, etc. Relationships with case managers and physicians at area hospitals is KEY! Summary - Results - 911 calls reduced - To date ESD5 has seen a 17% reduction in 911 calls to their frequent system users "Fall" dispatched calls (including lift assists) have reduced 50% since the implementation of the program. (ESO Data) - ESD5 call volume is now approximately 2 calls less per day, per	The committee has no further recommendations



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Presenter: Kristen Beckworth

Topic: New Business

- Child Passenger Safety Week
 - September 21st -27th
- National Injury Prevention Day
 - November 18, 2025

month.

Kristen shared upcoming injury prevention events for the month of September with time, date, and contact information. She mentioned if anyone was interested in coming out to the National Seat Check at Houston Community College to let her know.

- **National Child Passenger Safety Month**

September Car Seat Events

- September 17th – LaMarque Fire Department
- September 17th - Little York Fire Department
- September 25th - Harris County ESD11
- September 25th – Northwest Volunteer Fire Department
- September 27th – National Seat Check Saturday
- For more Information - www.safekidsgreaterehouston.org
www.texasaferiders.org

- **National Injury Prevention Day is November 18th, 2025**

Kristen advised that November 18th is National Injury Prevention Day and encouraged the committee to spread the word and how they can participate by:

- Wearing Green to support the efforts
- Shinning a Green Light – Light up local buildings and homes green
- Hosting community or inpatient educational events
- Social Media Outreach – Post an injury prevention message with #beinjuryfree
- Participating in the Kickoff Webinar with national experts on 11.10.25
 - Registration Detail Pending
- Request a proclamation

For more information Kristen shared the link to the national injury prevention day. www.nationalinjurypreventionday.org

Additional Events

- Youth Suicide Prevention Symposium- 10/22-23/2025 – Keynote speaker Brandon Johnson hosted by Houston Suicide Coalition
- Unite the fight 9/13/2025 – 10:00am-2:00pm at Independence Park in Pearland a collaborative Regional Festival uniting Greater Houston communities around suicide prevention, mental wellness,



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	and community connection free family event. • Texas Suicide Prevention Symposium a free virtual format – October 1st-2nd • DSHS In Person Injury Prevention Conference – November 4-5 - low registration fee – Austin, Texas - In Person Only • Texas Viper Webinar - Every Childhood experiences – A Free Webinar	
Presenter: Blake Milnes Topic: Community Education Workgroup • Health Fair Discussion • Katy Area – Katy Mills Mall • Lone Star Safety Fest ○ September 27th Cancellation	SETRAC canceled their participation in The Lone Star Safety Fest this year due to preparing for their office move. They were very understanding we will be there next year. Suzanne thanked everyone who was going to volunteer for the Safety Fest. Carrman has contacted someone at Katy Mills Mall she left her contact information and was told someone will be getting back to her to see if and/or when we can bring education about falls to the Katy area.	The committee has no further recommendations
Presenter: Carrman Rivers Topic: Stop the Bleed	Carrman went over the upcoming classes and asked for volunteers to help with leading and/or assisting with the classes. • 10-10-25 – 8:00am-10:30am – Alief Montessori Community School 3 Instructors Needed • 10-23-25 – 9:00am-11:00am – Westfield High School 20 Instructors needed • 11-3-25- 1:00pm-2:30pm - Spring ISD – 2 Instructors Needed Carrman thanked all those who have volunteered to teach and/or assist with the stop the bleed classes so far. 3rd quarter stop the bleed data to date • 16 Stop the Bleed classes with 516 attendees taught. Daily she receives requests for Stop the Bleed training. Carrman displayed a STB instructor checklist with QR code sent from Brandy Martinez the Stop the Bleed Coalition Chair for all RAC Stop the Bleed representatives to share with the instructors in their RAC to start submitting their data after each class taught. Suzanne advised that the Legislative committee at TETAF mentioned Stop	



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	Bleed classes taught in schools are not being taught according to the legislative bill that was passed. Several IPC members have experienced some teachings that are not taught according to the stop the bleed standards as well. Sarah Beth with Children's Memorial Hermann advised revisiting the Texas Education Agency Legislative Code as it is specific that they are to offer the classes it is not mandatory. Suzanne mentioned for students it must be offered. For schoolteachers, nurses, ISD PD, and others the mandate may be different she will go back and look at it again. Sarah suggested sharing it with the TEA group.	
Presenter: Blake Milnes Topic: Open Discussion Around the Room Updates	Stop the Bleed – World Cup Suzanne advised she had not found a place where the stop the bleed classes can be held for the masses yet. She will continue to look, Alyssa Badillo with Harris Health was going to check on it but, unfortunately, she was not able to make the meeting. Sarah Abbott recommended reaching out to the Houston Sports Authority who is managing the World Cup. Suzanne spoke with Dr. Keven Schulz he is going to run it by Dr. Lars Thestrup who is in charge. MyID Suzanne displayed and spoke on MyID a comprehensive medical ID solution in case of an emergency. It's a wearable medical ID designed to give first responders instant access to critical health information in an emergency. There are bracelets, sticker kits, and mobile apps. SETRAC Office Move SETRAC is moving in October this meeting will be the last meeting at 1111 North Loop West, Suite 160, Houston, TX the next meeting will be at Transtar, 6922 Katy Freeway, Houston, TX 77024. There will be plenty of free parking.	The committee has no further recommendations



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Next Meeting/Adjournment	Trauma Day Thursday November 6, 2025 -10:00am – 11:00am In Person encouraged.	
Attendees	Christy Gonzales, Isa Sevenski, Niragi Patel, Eric Parmley, Lauren Oliver Jessica Yell, Amber Miller, Colbey Hill, Justin Thompson, Genna Lubrano Sherina Garcia, Ashley Lamar, Lacey Krchnak, Hanna Urech, Priscilla Vargas, Sarah Abbott, Jackline Nwokejiobi, Crystal Foster, Sharon Humphreys, Katie Fisher, Jayme Perez, Annika Butler, Vickie Hipsher, Joshua Samp, Benjamin Shapley, Trey Urech, Kacey Hahn, Susannah "Meg" Michael, Krisann Shoemaker, Rebecca Crocker, Ulrike Beelar R. Liza Garcia, Joseph Murray, Julie Matson, Trey Babino, Jeanette Pennick, Melanie Bradshaw, Katy Bowden, Blake Milnes, Nichole Davis LeAnne Young, Lauren Garza, Lauren Burns, Elizabeth Sowell, Robin Hazlett, Corrie Dwigans, Hersila Gopal, Andrew Hiriart, Elizabeth Sowell Katy Bowden, Kristen Beckworth	Code Words Fall/Weather