



SETRAC Stroke Committee

Wednesday, May 28, 2025
SETRAC Conference Center, 1111 N. Loop West, Suite 160, Houston, TX 77008
In-person/Virtual Meeting

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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Tonia Shelton Topic: Call to Order/Approval of Minutes	Tonia Shelton called the meeting to order. Minutes from March 26, 2025, were approved with no changes. Attendance will be tracked by going to www.setrac.org/stroke . Enter your code words at the beginning and end of the meeting.	The committee has no further recommendations
Presenter: Yuko Yamamura/ Caitlin Farrington Topic: Post Stroke Depression Study	Caitlin Farrington is a research coordinator for the Institution for Stroke and Cerebrovascular Diseases at UT Health. She presented a study called Neurodegenerative Changes in Post-Stroke Depression. She started with reminding the members that stroke is a leading cause of death and long-term disability. She showed slides and talked about the Neurodegenerative Changes Post Stroke; Tissue loss at primary infarct site, Microstructural damage to white matter and decreased synaptic connections hypothesized as critical mechanism in PSD. She shared their specific aims. Caitlin showed a chart and talked about the study activities from Visit 1(4w-12m post-surgery) to Visit 4. She shared contact information for anyone interested in this study. There were questions and an open discussion between the members.	The committee has no further recommendations
Best Practice Presentation Presenter: Houston Methodist Willowbrook-Taylor Grow Topic: Saving Neurons by the Minute	Taylor Grow from Houston Methodist presented on some new processes her facility started implementing at their facility over this last year. She started by giving background information on The Houston Methodist System. Taylor showed a slide with data results on CODE CVA Activation which is their Stroke Alert system. She shared the steps they implemented to make this process successful. 1. Daily debriefs of the CODE CVA Activations, 2. Operations meetings with departmental leaders and medical directors, and 3. Creation of Code CVA RN role. Taylor showed a slide with the Door to Groin Times data from Q4-2022 to Q3-2024 showing the linear improvement. There were questions and open discussion between the members.	The committee has no further recommendations



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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Melanie Aluotto Topic: SETRAC QI Program	Melanie reminded the members of the SETRAC QI program. The purpose is to give a platform to submit case reviews, trends, or any concerns / issues in the region and the QI medical directors would look at those issues to find resolution. She shared the link for all that might be interested.	The committee has no further recommendations.
Presenter: Grace Farquhar ○ EMS Metrics for Stroke	Grace mentioned, EMS metrics for stroke. Grace stated, SETRAC will be removing this from the agenda. She stated she is still working with the EMS groups to determine the best way to get data, more to come. Grace reminded the members Q1-2025 data is due at the end of May. There were questions open discussions between the group.	The committee has no further recommendations.
Presenter: Susan Zamora Topic: Data Subcommittee Update	Susan informed the members; this workgroup will be AD-HOC. When there is a new project, this committee will reconvene then. No additional information was discussed.	The committee has no further recommendations.
Presenter: Tonia Shelton/ Lacey Hess Topic: Stroke Coordinators Subcommittee	Tonia recapped what the workgroups are working on with Rehab Utilization and Extended Window Stroke.	The committee has no further recommendations
Presenter: Dr. Haris Kamal Topic: Latest Data in the World of Stroke	Dr. Haris Kamal presented on the Latest Data in the World of Stroke. He shared data from the last 2 years from this trial study. He talked about a BRIDGE-TNK Trial. Could Tenecteplase before thrombectomy improve outcomes in LVO stroke? The study concluded TNK before EVT significantly improved functional outcomes in patients with acute LVO within 4.5 hours- with no excess risk of ICH or mortality. This trail strengthens the case for bridging therapy using TNK in eligible patients. Dr.Kamal shared slides with photos of Distal Thrombectomy MeVO. He talked about Intraarterial TPA post Endovascular Therapy to improve the outcome in large vessel operations thrombectomy patients. Dr.	The committee has no further recommendations



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	Kamal shared information on different trials done; Timeless Trial, The Hope Trial (China), Embolise Trial(Onyx), MAGIC-MT Trial (Onyx) and the STEM Trial and their results. Dr. Kamal said the idea is to stay on top of new stroke information and take it back to all the hospitals.	
Presenter: Melanie Aluotto Topic: Stroke Education Workgroup	Melanie shared the 2025 best practice calendar. If anyone can't present or would like a new date to present, please contact Merjani.	The committee has no further recommendations
Presenter: Members Topic: Open Discussion	Melanie mentioned this committee needs to come up with 2-3 smart goals. She suggested to the members that one of the goals could be to develop the PI for both the workgroups as well as working on a call 911 campaign. Melanie gave a few additional ideas for smart goals, based on whatever this group wants to accomplish this year. She opened the floor to the members to decide on 2025 smart goals. There was open discussion between the members on goals. More to come. There was no other open discussion.	The committee has no further recommendations
Next Meeting / Adjournment	There being no other items for discussion, the meeting was adjourned. Next meeting will be held Wednesday July 23, 2025, at 1:00pm – 2:30pm	Code Words Water/Wind



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Your Name			Submission D
May 29, 2025	Cori Gibson	HCA Houston Healthcare Tomball	
May 29, 2025	Ada Vaglienty	St. Joseph Medical Center	
May 28, 2025	Jessyca Clemons	Ben Taub General	
May 28, 2025	Isabel Gonzales	Memorial Hermann TMC	
May 28, 2025	Angelica Antaran	Memorial Hermann Cypress	
May 28, 2025	Regina Bonton	HCA Houston Healthcare North Cypress	
May 28, 2025	VI Nguyen	CHI - Baylor St. Luke's Medical Center	
May 28, 2025	Letrida Rhyans	Memorial Hermann-The Woodlands	
May 28, 2025	Aji Kurian	Michael E. DeBakey VA Medical Center	
May 28, 2025	Erika Sirchia	Memorial Hermann-The Woodlands	
May 28, 2025	Margarita Longoria	Memorial Hermann Southwest	
May 28, 2025	Yasmin Molly-Mehlfelder	Memorial Hermann Southwest	
May 28, 2025	Madonna Pardilla	Houston Methodist Hospital (TMC)	
May 28, 2025	Taylor Grow	Houston Methodist Willowbrook Hospital	
May 28, 2025	Kathleen Cablitias	Memorial Hermann Katy	
May 28, 2025	Madonna Pardilla	Houston Methodist Hospital (TMC)	
May 28, 2025	Nidia Johnson	CHI - St. Luke's Sugar Land	
May 28, 2025	Ilesha Johnson	UTMB Clear Lake	
May 28, 2025	Ada Vaglienty	St. Joseph Medical Center	
May 28, 2025	Tiffany DeLaurentis	Huntsville Memorial	
May 28, 2025	Lisa Martinez	HCA Houston Healthcare (regional rep)	
May 28, 2025	Merrilee Littlewood	Houston Methodist Sugar Land Hospital	



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May 28, 2025	Karissa Stasik	HCA Houston Healthcare Conroe	
May 28, 2025	Kathleen Cablitas	Memorial Hermann Katy	
May 28, 2025	Citlalli Zamudio		Houston Fire Department
May 28, 2025	Stephen Autrey		City of Sugar Land
May 28, 2025	Jason Lee	Houston Methodist Clear Lake Hospital	
May 28, 2025	Christy Stermer	HCA Houston Healthcare (regional rep)	
May 28, 2025	Traci Prenat	Memorial Hermann Southeast	
May 28, 2025	Monika Sukaviriya	Memorial Hermann Greater Heights	
May 28, 2025	Donna Samuel	Houston Methodist The Woodlands Hospital	
May 28, 2025	Susan Zamora	Houston Methodist Baytown Hospital	
May 28, 2025	Traci Goglas-Cummings	HCA Houston Healthcare Northwest	
May 28, 2025	Courtney Oberndorfer	CHI - Baylor St. Luke's Medical Center	
May 28, 2025	Theresa Eschete	CHI - St. Luke's The Woodlands	
May 28, 2025	Tonia Shelton	Houston Methodist West Hospital	
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