



SETRAC Injury Prevention Committee

Thursday, May 1, 2025
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Dr. Mary Lytwyn Topic: Call to Order/Approval of Minutes	Dr. Mary Lytwyn welcomed everyone to the injury prevention committee meeting. Minutes from March 27, 2025, were approved by Jessica Yell and Sheila Lopez with no changes. Dr. Lytwyn advised attendance will now be tracked by the QR code at the end of the meeting or by going to www.setrac.org/injuryprevention.com . She advised she will give a code word at the beginning and end of the meeting to use when logging attendance.	Minutes approved with no changes.
Presenter: Dr. Mary Lytwyn Topic: New Business - Best Practice Education Presentation - Narcan Community Education	Dr. Mary Lytwyn presented on Narcan Community Education and Narcan training: Every time she does a stop the bleed class she does Narcan education as well it has gone over well. In 2022, there were 73,838 deaths related to synthetic opiates. Drugs sold online and through social media can be laced with fentanyl even when a patient believes they bought something else. Naloxone (Narcan) is OTC as of March 2023. Texas Dept of State Health Services has a naloxone distribution map where free naloxone can be obtained Dr. Mary Lytwyn gave the website https://naloxonetexas.com. The National Harm Reduction Coalition is an excellent resource when designing Narcan training. Narcan.com also will provide a free training kit to medical providers. Training generally starts with assessing a student's comfort and knowledge of Narcan followed up with discussion of the signs of an overdose. It is important to stress the safety of the drug and physically demonstrate how to use it. After which assess how comfortable they feel with using naloxone and when they feel it would be important to carry it. Dr. Lytwyn provided the links below as well. https://healthdata.dshs.texas.gov/dashboard/drugs-and-alcohol/all-drugs/naloxone-distribution-interactive-map https://narcan.com/en/healthcare-professionals/education-packet	The committee has no further recommendations
Presenter: Dr. Mary Lytwyn Topic: Community Education Workshop Health Fair Discussion	Dr. Lytwyn mentioned the health fair. Suzanne advised for the health fair discussion the Katy Area Safety Fest name was changed to Lone Star Safety Fest due to the significant growth and the areas it covers. It is	The committee has no further recommendations



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	scheduled for September 27th from 9:00am to 3:00pm, the same place as last year near Katy Mills Mall at Typhoon TX. That area south of I-10, just south of Memorial Hermann Katy has the highest falls for people over 55 in the entire region. There is a lot of work to be done in that area. The Lone Star Safety Fest is a good opportunity to come together and bring education to the area. It will be a good opportunity to bring education to the area. Last year there was a lot of interest. SETRAC brought the AMBus for families to go in and look around. We had three tables put together where hospitals partnered with SETRAC, sharing information on pediatric injury prevention, household poisoning, car seat safety, hands on CPR and Stop the Bleed. We would like to do the same thing as last year, adding Narcan education. The hospitals for sure in that area and others who would like to volunteer let Carrman or Suzanne know. Carrman is on the committee and will let us know as things develop. Dr. Lytwyn asked if anybody was able to get a contact for Katy Mills Mall. Suzanne advised nothing yet for Katy Mills Mall. Older people go to the mall in the mornings to walk around the mall, it would be a good way to get education to them by setting a table up with education from the region. Suzanne asked If anybody has a contact to please let her or Dr. Lytwyn know. Someone suggested googling to see if there is a walking group that walks in the mall. Suzanne will check. Dr. Lytwyn asked if we had any desire to order some Narcan from the state to bring to the safety festival. Suzanne advised she is working on getting the right information to take to leadership.	
Presenter: Dr. Mary Lytwyn Topic: Open Discussion Around the Room Updates	Dr. Mary Lytwyn asked if anyone had anything to discuss for open discussion. Suzanne reported on Stop the Bleed and advised that SETRAC just completed at 12 midnight, a whole month of stop the bleed classes at both IAH and Hobby airports the first class starting at 7:00am and the last class started at 10:00pm and ending at 12:00am. There were ten days in total EMS, and some of the hospitals came out to help burden the load. There was great feedback, everyone enjoyed the classes and learned a lot. Ellington field is on the schedule to train 20 of their staff members in May or June. The airports have Stop the Bleed kits within every AED within the airport and extra ones for the staff to grab and use, if necessary, it has been very successful. Blake Milnes taught the late class last night at Hobby	The committee has no further recommendations



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	airport (10:00pm-12:00am). May 1st starts trauma awareness month, national stop the bleed day is May 22nd. Carrman has been working behind the scenes to get a proclamation from the mayor for national stop the bleed day May 22nd. EMS and ACS will join forces on May 22nd to do a Save a Life Day. They will have a blood donation unit at the RAC. They are inviting anybody that wants to sign up to donate blood and share what we are doing with stop the bleed, what the whole blood coalition is doing, and our EMS friends and colleagues using whole blood products at the scene saving lives. Save a Life Day will be on May 22nd starting at 9:00am and ending at 1:00pm. If you are in the area, you are welcome to come by and donate some blood. The hope is Gulf Coast will bring some media friends with them so we will get some exposure from the great work our trauma centers and EMS partners are doing with the use of blood products in the community and education we are doing with stop the bleed in the community. SETRAC is hosting a Train the Trainer class if you need the SETAC train the trainer class it will be May 23rd from 8:00am to 12:00pm at the SETRAC Conference Center. If you need to borrow a kit for teaching a class, you can contact Carrman via the form on the website there is no charge. We have 5 kits that she rotates. They are reserved on a first come first serve basis. Please turn in your data for the stop the bleed classes you teach to Carrman. Stop the bleed version 3 is finally here it is different from version 2. Carrman and I will host a class for all instructors to go through version 3. The version 3 PowerPoint is going to take a while to go through. It's on the ACS website on a regional level we will be using version 3 going forward. We will send out an invite, hopefully sometime in May to go over version 3. The May 23rd train the trainer class will cover version 3 if anyone would like to attend.	
Next Meeting/Adjournment	Trauma Day Thursday July 10, 2025 -10:00am – 11:00am In Person encouraged.	
Attendees	Cwanza Pinckey, Beverley Foster, Kodieann McQueen, Christine Campbell, Lisa Valenzon, Joseph Murray, Sharon Humphreys, Brittany Salazar, Sarah Abbott, Rose Rodriguez, Mary Lytwyn, Jennifer Cole, Katie	Code Words Spring/Flowers



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Fisher, Melanie Gander, Christy Gonzales, Susannah "Meg" Michael, Benjamine Shapley, Shelia Lopez, Micah Oxford, Annika Butler, Summer Pope, Anita Guerrero, Hanna Urech, LeAnne Young, Kacey Hahn, Joshua Samp, Eric Parmley, Lauren Oliver, Candace Wren, Gloria Bagshaw, Jessica Yell, Krisann Shoemaker, Lacey Krchnak, Trey Urech, Jayme Peres, John Pope, Tammi Culp, Niragi Patel, Jackline Nwokejiobi, Trey Babino, Michelle Hauth, Hersila Gopal, Julie Matson,