



SETRAC Injury Prevention Committee

Thursday, Nov 7, 2024
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
Page 1 of 4

TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Kristen Beckworth Topic: Call to Order/Approval of Minutes	Kristen welcomed everyone to the injury prevention committee meeting. Minutes from September 5, 2024, were approved with no changes. Kristen advised attendance will now be tracked by the QR code at the end of each meeting or by going to www.setrac.org/injuryprevention.com . She advised she will give a code word at the beginning and end of the meeting to use when logging attendance. Kristen asked those online to remember to mute themselves when not speaking.	Minutes approved with no changes.
Presenter: Christine Yager Topic: Best Practice Education ○ National Injury Prevention Day ○ November 18, 2024	Kristen shared November 18th is National Injury Prevention Day. She thanked everyone for wearing green in support of National Injury Prevention Day. This year is the 5th year of National Injury Prevention Day lead by Injury Free Coalition for Kids a group of injury prevention professionals from about 40 trauma centers in the nation. Locally Texas Children's Hospital and Children's Memorial Hermann are injury free sites. The goal of the day for November 18th is to recognize the burden of injury and violence on communities and highlight the work being done over the years to reduce injuries and death. The easiest way to support the day is to wear green. The reason green is the color for the day it represents forward momentum, progress, and go. Kristen displayed a slide that gave information on how to support the efforts of the day. In support a lot of buildings and facilities around the country will be lit up green, In Houston Texas Children will be lighting all their facilities green, Memorial Hermann, UT, and Baylor College of Medicine will light some of their buildings green, City Hall, and I-69 bridges will also be lit up green while out and about if you see the buildings or the bridges lit up green snap a picture and send it to Kristen. Usually at the end of the year they will put together a video of all the buildings that were lit up green around the country. Niagara Falls will also be lighting up green this year there will be a virtual way to see it also some sport stadiums are lighting up as well. Kristen mentioned It is great to see the support. Support Efforts • Wear green in support • Shine a green light • Host community or inpatient education events	The committee has no further recommendations



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Page 2 of 4

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	• Social Media Outreach ◦ Participate in the Twitter/X-Chat (@injuryFreeKids 1PM EST) ◦ Post an injury prevention message with #beinjuryfree • Participate in the kickoff webinar with national experts on 11.12.24 ◦ Registration Required @ injuryfree.org • Request a proclamation Sarah Beth thanked all the partners that wore green to the meeting for the picture at the end of the meeting. She asked if they do anything internally externally, or personally let them know they will make sure it gets uploaded to the national site. The national site has a great executive report that comes out every year for injury prevention day. She gave a shout out to Alyssa Badillo who uploaded to the national site on what Ben Taub is doing in the community. She advised you don't have to be a member to upload to the site.	
Presenter: Suzanne Curran Topic: Committee Nominees • 1-2 Minute Speech	Suzanne advised that there were three nominees for the injury prevention committee leadership. The bi-laws states there must be diverse representation in each of the committees a representative from a physician, hospital, and EMS. Each nominee was asked to give a brief introduction and why they wanted to be the committee leader for 2025-2026. Nominees EMS Blake Milnes, EMT, HCESD5 Hospital Alyssa Badillo, Trauma Injury Prevention and Outreach Coordinator at Ben Taub Physician Dr. Mary Lytwyn Emergency Medicine Physician at St. Lukes the Vintage Campus. Suzanne will send out the ballot on Friday morning all ballots must be in by 5:00pm Monday, November 11th.	The committee has no further recommendations



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Page 3 of 4

TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Kristen Beckworth Topic: Community Education Workgroup Spring Health Fair Discussion	Kristen mentioned last year's injury prevention fall fair and that there was talk about doing another one in spring 2025. There was no movement she brought it back to the committee to see if there was interest in having a spring fair. In the data subcommittee meeting it was discussed that falls was the top mechanism of injury. She asked how the committee wanted to move going forward. Alyssa mentioned looking at the heatmap to identify certain areas that show a high volume of falls to work towards doing a fall or spring fair in 2025. Suzanne mentioned that Katy south of I-10 had the highest geriatric falls and maybe working towards doing something out in the Katy area. Alyssa has a contact in Katy who she's partnering with who also does the Katy Safety Fest she will reach out to them to see if they are interested in doing a spring injury prevention education fair. Suzanne mentioned maybe setting up a table in Katy Mills mall as well to give out information. Ben mentioned the rodeo Sarah Beth advised that it cost to get on the list the waiting list is long to become a vendor, and they don't often have non-profits. They have a first responders' day where they invite first responders to come out on a specific day to have an all-day expo. Melanie Bradshaw mentioned the big Senior Expo USA in Katy on March 4, 2025, from 10:00am – 1:00pm. 2024 Empower Senior Citizens Resource Fair in Katy Wednesday, December 4th at the Crown Plaza Houston. In the chat someone advised March 10th is first responders' day at the rodeo. Suzanne asked those who want to be apart of the workgroup to get the fair up and running to let her or Carrman know to put a planning meeting on the books.	The committee has no further recommendations
Presenter: Suzanne Curran Topic: Open Discussion Around the Room Updates - Upcoming Education Offerings - Committee Election 2025 - January 2nd Meeting moved to January 9th	Suzanne asked the committee to delete all old individual meeting invites as we have moved to trauma day. Carrman will send out new trauma day meeting invites Monday, November 11th to please accept them. She asked if everyone agreed to move the January 2nd meeting to January 9th due to the holiday. She also asked if they agreed to move the July 3rd meeting to July 10th due to the 4th of July holiday. All agreed. Suzanne reminded the committee that they are to scan the QR code or use the link after each meeting to get credit for that meeting. She advised in person is highly recommended and gave perks to coming in person (lunch is provided,	The committee has no further recommendations



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Page 4 of 4

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	networking, getting to know people, and collaboration). Kristen asked those wearing green on zoom to share their picture and she will take a picture of them for the social media post. Kristen also reiterated to log their attendance by the QR code or the link to get credit for the meeting. She wished everyone a Happy Thanksgiving.	
Next Meeting/Adjournment	Trauma Day Thursday January 9, 2025 -10:00am – 11:00am In Person encouraged.	
Attendees	Alexa Ayala, Christian Arick, Christine Campbell, Christy Gonzales, Andrew Hiriart, Alyssa Badillo, Stephen Mora, Dr. Mary Lytwyn, Sharon Humphreys, Tammi Culp, Sarah Abbott, Jessica Yell, Jessica Vickers, Anita Guerrero, Trey Urech, Laren Burns, Brittany Salazar, Jackline Nwokejiobi, R. Liza Garcia, Krisann Shoemaker, Justin Thompson, Katie Fisher, Gretchen McIntire, Joseph Murray, Annika Butler, Corie Marquez, Lauren Garza, Susannah “Meg” Michael, Rebecca Crocker, Niragi Patel, Lisa Valenzon, Nichole Davis, Kristen Beckworth, Melanie Bradshaw, Julie Matson, Ben Shapley	Code Words Thankful/Thursday