



SETRAC Injury Prevention Committee

Thursday, December 14, 2023
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Kristen Beckworth Topic: Call to Order/Approval of Minutes	Minutes from October 12, 2023, were approved with no changes. Attendance will now be tracked by going to www.setrac.org/injuryprevention	Minutes approved with no changes.
Presenter: Cindy Kovar Topic: New Business Best Practice Presentation	Cindy Kovar, Program Manager with Texas A & M Silver Driver Safe Texans presented on Traffic Safety Education for Senior Adults. They offer programs throughout the state of Texas at no charge for those interested she displayed her contact information. Their main focus is 55+ and offer traffic safety on the road for as long as possible for all ages and for bicyclists and pedestrians. They educate on safe driving practices and encourage self-assessment. The Texas population is getting older. In 2010 27.5% of total population was 50+. In 2021 30.4% of total population was 50+. Mature drivers have more serious injuries and/or fatalities than other age groups due to crashes. 94-95% of all motor vehicle crashes are due to human error that number rises to 97% at age 65. Changes for Mature Drivers - Cognitive changes - Physical changes - Vehicles technology - Roads & traffic Cindy presented and spoke on the different programs and education they provide - Silver Drivers & Impairment - Silver drivers & medications - Family-focused impaired driving - Awareness and fatigue - Drug/medications and alcohol - Silver & speeding presentation - Seeding risks (driving too slowly, seatbelts, and airbags. Seatbelts for silver drivers proper fit, vehicle ejections airbags). Contact Information Free program for church/civic groups Cindy Kovar, Program Manager, cindy.kovar@ag.tamu.edu, 979-321-5232	The committee has no further recommendations
Presenter: Suzanne Curran Topic: New Business Introduction of New Committee	Suzanne introduced and welcomed the new injury prevention committee leaders, Dr. Shiree Berry, Medical Director, and Blake Milnes will fill the EMS seat as the Committee Co-Chair.	The committee has no further recommendations



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Leaders		
Presenter: Kristen Beckworth Topic: Old Business ○ Fall Health Fair Feedback ○ 2024 Goals	Kristen spoke on the fall health fair with Precinct 2 that took place on November 10th she thanked everyone that came out and shared health and safety information at their booth. There was over 100 people that attended the center and obtained information. 68 people stopped by the SETRAC table to give their zip codes. Agencies that had booths were Precinct 2, Children's Memorial Hermann, Texas Children's Hospital, LBJ Hospital, Harris Health Ben Taub, Harris County Homeland Security, Harris County Public Health Outreach team, Led Testing Program, Memorial Hermann Red Duke Trauma Institute, HCA Houston healthcare Kingwood, Harris County ESD 5, Texas A&M, and LBJ Administration. It was a good health fare and turn out in spite of the rain and cold weather. Kristen opened the floor for feedback from those that participated in the health fare on what could have been done different for the next fair. Feedback Sarah Beth thanked SETRAC for organizing the event. She suggested that the event be offered for a longer time period and not be back-to-back with another event, have a rural and urban offering keeping one in Harris County and in another county like Waller for example. Kristen mentioned looking at the zip code data to see where the highest falls and needs are for the senior adult audience, and staggering the time to later in the afternoon where working adults can attend to get a larger audience. Suzanne thanked everyone again that came out for their support and said we look forward to doing it next year. Kristen went over the 2024 goals 2024 Goals ○ Host one event or educational opportunity addressing a top mechanism of injury. The fall health fair will be working on hosting two a year. ○ Create a new sub-committee focused on traffic safety, top MOIs (ex: motor vehicle safety and pedestrian safety. They are putting a pause on this goal to see how Trauma Day looks. ○ Increase injury & violence prevention professionals' capacity	The committee has no further recommendations



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	around trauma survey readiness. Prepare for state and ACS survey.	
Presenter: Liza Garcia Topic: Workgroup Initiatives	Liza Garcia reported on the fall health fair. She mentioned feedback was given earlier in the falls prevention workgroup meeting. Falls prevention workgroup will be reporting during injury prevention committee meetings going forward. The workgroup will be ad hoc until given a project. Next year they will be working on hosting two health fairs.	The committee has no further recommendations
Presenter: Sarah Beth Abbott Topic: Workgroup Initiatives Firearm Safety Workgroup	Sarah Beth shared two resources during the firearm safety workgroup meeting the 988 Partner Toolkit Suicide and Crises Lifeline that agencies are able to go look at, download, and order materials from that can be mailed to them, and Firearm Safety Keep'em Safe Texas a collection of great resources that can be used in the community and a diagram that share all the different ways to keep firearm safe. The two resources will be reflected in the meeting minutes for those who missed the firearm workgroup meeting.	The committee has no further recommendations
Presenter: Kristen Beckworth Topic: Open Discussion - Round the Room Updates - Trauma Day	Suzanne shared trauma day with the group advising the committee and subcommittees meetings will be on the 1 st Thursday every other month starting January 4, 2024. Times and dates were shown. In person attendance is highly encouraged. Lunch will be provided by vendors who will give a 15-minute presentation. Workgroups will be ad hoc and will meet by zoom depending on the project. Kristen mentioned now that their time have moved from 30 minutes to an hour, they will use some of the time to do table topics on falls prevention, firearm safety, and traffic safety with breakout sessions they will trail it in the January 4 th meeting.	The committee has no further recommendations
Next Meeting/Adjournment	Trauma Day Thursday January 4, 2024 - New time -10:00am – 11:00am In Person encouraged.	Code Words Happy/Holidays



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Attendees	David Fishman, Jessyca Clemons, Liza Garcia, Alyssa Badillo, Sarah Beth Abbott, Holly Morales, Sheryle Bazan, Corie Marquez, Cathryn Carrillo, Kristen Beckworth, Melanie Bradshaw, Rachel Parker	