



SETRAC Injury Prevention Committee

Thursday, October 12, 2023
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Kristen Beckworth Topic: Call to Order/Approval of Minutes	Minutes from August 10, 2023, were approved with no changes. Attendance will now be tracked by going to www.setrac.org/injuryprevention	Minutes approved with no changes.
Presenter: Suzanne Curran Topic: New Business Introduction to Texercise	Suzanne gave a brief report on Texercise a new program that was introduced at the fall's prevention workgroup meeting. Texercise is a free evidence base program that was introduced at the Texas Trauma Coordinators Forum and GETAC. Suzanne thought it would be a good program for fall prevention as it is a state fall prevention program that incorporate exercise, nutrition, communication, and the training is minimal. Carrman Rivers and David Watson have taken the course and are instructors. There are a lot of perks with this program they provide everything needed to be successful as an instructor (user's manual that they require followed when teaching Texercise, free t-shirts, different activity promotional items for your group, etc.).The website and contact information was displayed for those interested. If anyone had any questions, they were asked to email Suzanne or Carrman. The information given on Texercise today will be sent out through the listserv as well.	The committee has no further recommendations
Presenter: Kristen Beckworth Topic: New Business - National Injury Prevention Day - November 18, 2023	Kristen shared National Injury Prevention Day is November 18, 2023, held every year on the 18 th of November for the last three to four years where national organizations come together led by Injury Free Coalition for Kids. One of the cornerstones of that day is lighting up green. A couple of hospitals are going to light up green this year. In the past the City of Houston would light up City Hall and some bridges unfortunately they are not able to do it this year. There are a couple of sites in Houston, Texas Children Hospital and Children's Memorial Hermann that are injury free sites. Anybody that wants to participate are encouraged to do so. They ask those that can wear green and light up your facility or organization green that day. Some organizations focus on increasing community and patient education with events to remind the community of the burden of injury and also to recognize all the great work done to keep people safe in the community. There is a twitter chat taking place sponsored by National Injury Prevention for Kids that you can participate in. The twitter chat link was shared for those who would like to post what their organization is doing for National Injury Prevention Day. Sarah Beth shared that she will be	The committee has no further recommendations



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	sharing information about National Injury Prevention Day at her table at the Fall Health Fair on November 10th. Kristen asked everyone to think green, wear green and/or put the date on their calendars to support that day.	
Presenter: Kristen Beckworth Topic: Old Business ○ Fall Health Fair Update ○ Call for volunteers ○ 2023-2024 Goals ○ Discussion/Voting	Liza spoke on the fall health fair and shared all the volunteers that have signed up and what was still needed. Anybody could volunteer if interested let SETRAC or the committee leaders know. Kristen went over 2023/2024 goals that were mentioned at the last meeting ○ Host one event or educational opportunity addressing a top mechanism of injury. ○ Data from the RAC to drive the Injury Prevention Efforts ○ Falls - Top mechanism of injury ○ Increase injury & violence prevention professionals' capacity around trauma survey readiness. ○ Discussion on creating another workgroup focusing on mechanism of injury (motor vehicle safety and pedestrian safety). The goals will be sent out to the committee for comment or to add to them. Suzanne advised the requirement for a subcommittee is it will have to go before the board.	The committee has no further recommendations
Presenter: Liza Garcia Topic: Workgroup Initiatives	Liza Garcia reported that Texercise was introduced to the falls workgroup they will review the information and come back to discuss at the next fall prevention workgroup meeting in December. Trauma day was discussed. Committee and subcommittees will meet on the same day the first Thursday every other month. The workgroups will be ad hoc and meet by zoom as needed.	The committee has no further recommendations
Presenter: David Watson Topic: Workgroup Initiatives ○ Firearm Safety Data Report ○ Future Goals	David Watson reported that 2022 firearm data was reviewed during their meeting. He asked if anyone knew of anyone that was able to present at the firearm safety workgroup meetings to let him know. Kristen mentioned ICD-10 coding was discussed and how it relates to some of the firearm data.	The committee has no further recommendations
Presenter: Kristen Beckworth	Suzanne shared trauma day with the group the plan is to have a trauma	The committee has no further



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Topic: Open Discussion - Round the Room Updates - Trauma Day	day where committee and subcommittees would be on the 1st Thursday every other month starting January 4, 2024. Times and dates were shown for discussion and suggestion. Sarah Beth suggested that trauma data subcommittee meeting be the first meeting of the day from 9:00am – 10:00am. Dr. Wilson the chair of the trauma committee is securing vendors to provide lunch or snack for the meetings. Kristen shared their ACS survey was last month it went well they had no deficiencies. She advised the committee that they were on the agenda she had 30 minutes to share about their program. The survey is a lot more data focused. Be prepared to share what's happening in your registry, your response, tracking what you are doing in the community and be able to measure your accomplishments. Sarah Beth shared a new book that is on the market called The Hospital-based Injury and Violence Prevention Programs: The Trauma Center Guide for all Healthcare Professionals it is an amazing book it is about \$70 it has everything needed to having a successful injury prevention program. The amazon link is: https://clicktime.symantec.com/15uBxDg5vdbaMi94soB4b?h=xFM1ELNlcp_xspEdRPQblFkztSYhD_y73VQmBpUY5YYI=&u=https://www.amazon.com/Hospital-based-Injury-Violence-Prevention-Programs/dp/3031203569	recommendations
Next Meeting/Adjournment	Thursday December 14, 2023, at 10:30am – In Person w/ Virtual Option.	Code Words Green/Light
Attendees	Beverly (Lori) Foster, Kristine Beckworth, Sarah Beth Abbott, Nakia Green, Olga Ortega, Vickie Hipsher, Melanie Lauritsen, Brittany Salazar, Maryann Trevino, Ben Shapley, Christy Gonzales, Liza Garcia, Alyssa Badillo, David Watson, Holly Morales	