



SETRAC Stroke Committee

Wednesday, July 26, 2023
SETRAC Conference Center, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting

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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Dr. Chethan Rao Topic: Call to Order/Approval of Minutes	Dr. Rao wasn't in available at this time. Minutes from May 24, 2023, were approved with no changes. Attendance will now be tracked by going to www.setrac.org/stroke . This is where you will enter your code words at the beginning and end of the meeting.	The committee has no further recommendations
Presenter: Melanie Aluotto Topic: New Business ○ Virtual Meeting Update-Zoom Option	Melanie informed the members that there is now a Zoom option for Committee and Subcommittee meetings. There is no virtual or call-in options for Data meetings. All data meetings must be in person, as a confidentiality agreement must be signed. A member asked if there will be more open discussion on that. She asked if there was a possibility that the confidentiality agreement could just be forwarded, and reconsider zoom options for data meetings. Melanie stated that she will look into that and update the group with a final decision.	The committee has no further recommendations.
Presenter: Yasmin Karim Topic: New Business ○ Stroke Education ○ Memorial Hermann Southwest	Yasmin Karim, Stroke Coordinator at Memorial Hermann Southwest did a presentation on Stroke Support Group and Education. She stated this topic is important and so personal for her as her dad suffered from a stroke. Yasmin stated The Stroke Support Group and Education objectives are to develop an understanding of the need for stroke support groups for acute inpatient stroke populations and their families, identify best practices and highlight ways to start a new support group while keeping the group engaged and growing. She showed slides on the support group evolution, how it's started, she discussed the groups schedule before covid and the transition from in-person to virtual post covid. Once social distancing allowed, the support group eventually transitioned to a hybrid approach of both virtual and in-person. In 2023, the group went through a system approach. Yasmin showed slides on the stroke support agenda. The process enrolling participants. She discussed and showed	The committee has no further recommendations.



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	slides on the who, why, when, where, and the rules of the Support group. She talked about ways to keep the participants engaged. Most importantly they are taught their risk factors before leaving the group and they are also given referrals to provide resources so they can continue to seek support to prevent feeling isolation. Yasmin showed a chart from 2021 to 2023 reflecting the growth over the years. Yasmin closed her presentation, by informing the members, because this stroke support group initiative has been so successful, the cardiac teams has started to mirror the stroke team with their support group as well.	
Presenter: Grace Farquhar ○ Topic: Rehab Utilization/ Patients arriving outside 4.5 LKW ○ EMS Metrics for Stroke	Grace recapped at the last Stroke Data Subcommittee meeting, the meeting attendees reviewed metrics for Rehab Utilization and extended window strokes, looking into what those numbers look like and the factors that's affecting patients getting rehab. Grace noted, 65-70% of ischemic patients are arriving outside of 4.5 LKW, for many years. The committee is looking into seeing how to improve those numbers. They are getting closer and closer to narrowing it down on what's specifically needs to be reviewed to determine exactly what needs to be changed. Grace stated that abstract submissions will close on August 22nd. Grace and Dr. Rao will meet next week to discuss, and there will be an update at the next meeting. Grace mentioned, EMS metrics for stroke. She stated the EMS committee will be meeting next month, to see what would be feasible for them collect. Grace showed slides on Q1-2023 based on 33 facilities reporting. She showed charts with total stroke population. She showed the overall stroke population trend from 2019 to 2023. She stated that she noticed a lower stroke volume around covid. Grace pointed out a major increase in the # of strokes in January 2023. She is curious if this is the same across the board with different facilities, and if there is something specific that led to this increase. She showed a slide on Alteplase/TNK administration vs total ischemic stroke volume. 14.8 for Q1, little lower than previous quarters.	The committee has no further recommendations.



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	She showed slides on lytics administration and reasons why they didn't receive lytics. The chart shows 94.8 received, which is good. She showed slides on patients that received TPA within 60 minutes over the last 10years it was 50/50, she stated as of this past quarter we are at 80/20. That's good news as we are trending upwards. The committee set a goal that 50% of patients that receive Alteplase/TNK receive within 30 mins. Many patients are currently receiving within 45mins. Grace showed slides on patients who received alteplase TNK within 60mins, and outside 60mins with and without acceptable reasons. Grace discussed acceptable and no acceptable reasons and facilities categorizing them correctly. Slides were shown on rapid improvement vs. other reasons for not administering alteplase/TNK. Grace also presented a slide on areas of opportunity, and stressed that even though they are acceptable reasons, we want to look closely at these. She opened the floor for questions. Grace reminded the members that Q2 data is due at the August 31st, and if anyone needs her to upload that data, she will be glad to assist.	
Presenter: Dr. Chethan Rao Topic: Old Business ○ TNK Implementation Volunteers ○ Tracking TNK Administration	Dr. Rao motioned to consider TNK implementation volunteers and tracking TNK administration resolved. Motioned was approved by the members to consider this resolved.	The committee has no further recommendations.
Presenter: Susan Zamora/ Stacey Day Topic: Data Subcommittee New Co-Leader	Stacey basically confirmed that Grace covered what the Stroke Data Committee discussed. Stacey wanted to remind the facilities to make sure, when submitting the data, the delay reasons and the reasons for not giving thrombolytics are listed there, so when grace pulls the data, she can see those reasons listed. She mentioned in the stroke bootcamp meeting. There was discussion on group sessions and topics for the bootcamp. She asked if there were any new stroke coordinators that wanted to hear anything specifically that might help them with any new challenges they	The committee has no further recommendations.



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	might be facing. She also asked all members for any ideas and support group presenters that might be interested in presenting and sharing the processes at the stroke bootcamp.	
Presenter: Tonia Shelton/Michelle Vu Topic: Stroke Coordinators Subcommittee	Tonia or Michelle wasn't present. Melanie recapped what was discussed at the last meeting. The group discussed data points and the continuous planning on the stroke bootcamp.	The committee has no further recommendations
Presenter: Melanie Aluotto Topic: Stroke Education Workgroup	Melanie announced the next 2 hospitals to present at the next Stroke Committee meeting in September is Memorial Hermann the Woodlands and Houston Methodist Willowbrook.	The committee has no further recommendations
Presenter: Members Topic: Open Discussion		The committee has no further recommendations
Next Meeting / Adjournment	There being no other items for discussion, the meeting was adjourned. Next meeting will be held Wednesday September 27, 2023, at 2:00pm – 3:30pm – In Person with call in option.	Code Words Sunshine/Smile