



SETRAC Fall Prevention Workgroup Meeting

Thursday, June 8, 2023
SETRAC Conference Center, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting

Page 1 of 3

TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Topic: Call to Order/Approval of Minutes	Minutes from April 13, 2023, was approved with no changes.	The committee has no further recommendations
Presenter: Liza Garcia Topic: Old Business ○ Fall Prevention Community Event ○ Tai Chi Recertification	Liza Garcia spoke on the fall prevention eastside community fair event that commissioner Adrian Garcia spoke with Lori Upton CEO of SETRAC about having. The workgroup is working towards having the event in the fall. September 18-24th were dates given. A date needs to be established. From the last meeting the group was to gather a list of resources to bring to the June meeting. Liza started off with resources from LBJ. They have a farmers' market she reached out to the farmer it is an option to do something there. When the date is set Liza will work on getting someone to come out pertaining to the gold card. Liza works for the county and at every fair the people are looking for gold card information and assistance. Kristen volunteered to help with the event since its falls related as falls is not only prevalent in the elderly community it happens frequent in pediatrics as well. Kristen advised there was a study done in Precent 2 that showed they had the most health disparities. From that Adrian Garcia and Precent 2 created a health services division. It is a couple of years old Kristen suggested it would be a great idea to partner with them. They will have access to resources and a better feel of their community as far as the event. They provide educational series on Facebook live once a month. Kristen did something earlier this year with them. Kristen will connect Liza with their contact person. David Watson mentioned last year he went to a huge event at the Denver Harbor Service Center (Eastern Houston near the ship channel) he heard they may be doing another one this year he will keep the workgroup posted. He also mentioned on the west side September 16th is the Katy Area Safety Fest held in the parking lot of Katy Mills mall there will be fire, EMS, hospitals, etc., he's planning on being out there it will be a great opportunity to do some fall prevention and have a tent out there. He will give more information as he gets it.	The committee has no further recommendations



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Page 2 of 3

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	Registration is required to participate in the event. Commissioner Garcia will provide transportation for the eastside community fair. Liza advised Suzanne wanted the workgroup to work together on getting the resources and report what they had at the June meeting along with a fall date. Her understanding is that county commissioner Garcia wanted to set up a fair in his area, but a date wasn't established. Liza is not sure if the commissioner has a date Carrman will get Suzanne to see if he does. David mentioned to have it during Fall Prevention week September 18th – 22nd NCOA prevention week. There will be a Tai Chi demonstration at the fair amongst other things. Tai Chi recertification is coming up this year for 7 instructors. The question was raised will SETRAC pay for the recertification? Liza reached out to Joslyn the cost it is \$150 per person. Carrman will pass this information on to Suzanne so that she can ask Lori if it is something that SETRAC will pay for. Melanie advised there should be a recertification criterion as there were people that were certified that didn't do any classes. Criteria should be one course within the year. Sarah Beth advised the justification is there for support as falls is still the leading cause of injury. They had close to 30 people that started the training Melanie know of seven that are continuing with the training. Sarah Beth advised to have mini scholarships if the funding is there to get the scholarship they would have to go before the committee and meet certain criteria. The new deliverable document was created for those that took the first-time training Tonya Carter was handling the submissions. The group may need to apply it to the recertification as well for future justification if needed. 7 instructor's certifications will run out. Certification runs out in November. Liza wants to copy the STB form for deliverables for tracking. SETRAC will be responsible for keeping	



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Page 3 of 3

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	up with the classes for each instructor. Liza asked if SETRAC doesn't sponsor payment will those who are certified now recertify some can and some can't. The funds are needed ASAP as they have to schedule for recertification and Liza is not sure if payment is due when scheduling. Liza will get with Jocelyn to schedule the seven instructors to get them on the books and then get back to Carrman to give the list to Suzanne to go to Lori for approval and funding. Liza will give Jocelyn 3 dates. Once Liza gets the dates from Jocelyn Carrman will send out a doodle poll for a unanimous date. Melanie will give the names of those who are certified and still teaching to Carrman.	
Open Discussion	There was no further discussion	The committee has no further recommendations.
Adjourned/Next Meeting	August 10, 2023 – 9:30am - In Person Meeting	