



SETRAC Injury Prevention Committee

Thursday, April 14, 2022
SETRAC, 1111 N. Loop West, Suite 160, Houston, TX 77008
Virtual Meeting
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TOPIC	DISCUSSION/RECOMMENDATION	ACTION/FOLLOW-UP
Presenter: Dr. Anthony Arredondo Topic: Call to Order/Approval of Minutes	Minutes from February 10, 2022 were approved with no changes. Attendance will now be tracked by going to www.setrac.org/injuryprevention	Minutes approved with no changes.
Presenter: Dr. Spencer Greene Topic: New Business Snake Bite Prevention and Awareness	Dr. Spencer Greene, Director of Toxicology for the department of Emergency Medicine associated with HCA Houston Healthcare in Kingwood and Clinical Professor for the University of Houston College of Medicine presented on Snake Bite Prevention and Awareness. He spoke on the Epidemiology of snake bites and how to prevent and manage them in the prehospital and in-hospital environment. Dr. Greene gave an overview of epidemiology of snakebites in SE Texas, described the clinical features of crotalid and coral snake envenomation, discussed the pre-hospital and in-hospital management of snakebites, and addressed some controversial and unnecessary treatments recommended previously or never. Prevention is knowing what to do and what not to do. There are a variety of snakes in SE Texas. 85% of bites are from Copperheads. In the state of Texas people can own nonnative venomous snakes by paying a \$20 permit fee. While at Ben Taub he saw 15-20 nonnative bites per year. Most victims are unaware until they are bitten. Data from the national northern snake bite registry show 19% of all snake bites resulted from intentional interaction with snakes most people are unaware of the snake and get bitten when they do not see the snake. Best thing to do as the injury prevention committee is educate people to never stick their hands or bare feet in places they cannot see. Treatment should be reducing and minimizing the tissue injury. There are 3.4 fatalities annually due to people not seeking medical attention. Things you should not do: Do Not try to suck out the venom it does not work. Do not use a Tourniquet they are great for life threatening hemorrhage not for snake bites it causes significant damage to tissue. Do not try to use a taser or electric devise, do not use extraction devices sold in a lot of camping stores they do not help. Do not emerge the effective area in ice for a long time. Do not transport snakes it is not	The committee has no further recommendations



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	necessary or safe. Do not use Benadryl its only helpful with mild allergic reactions. Dr. Spender will send the slides and links to everyone. The Houston Venom Conference will be June 3-4 tickets are on sale. The conference is to educate physicians, veterinarians, nurses, EMS professionals, and nature enthusiasts about management of snakebites and other envenomation.	
Presenter: Kristen Beckworth/Cindy King Topic: Workgroup Initiatives • Drowning Prevention Workgroup Update • Firearm Safety Firearm Workgroup Leader Needed	Tonya Carter gave a brief update on behalf of Cindy King They met before this meeting and established a tentative date for a social media campaign for drowning prevention awareness. Going to push out social media messaging on May 18 th and May 25 th and will include the injury prevention and Pediatric list serves when send out the notifications. June 23 rd is the day of the national swim lesson. We will be partnering with organizations and if anyone know of any please let her know. Links on drowning was shared along with drowning educational sites. Tonya put them in the chat. She will keep everyone in the loop for May 18 and 25 th so everyone will know what will be shared. The flyers swim safety that was created two years ago for apartment complexes and HOAs are located on the injury prevention website at the bottom on left hand side in the resource section. The Firearm Safety Firearm Workgroup is still in need of a leader. If anyone is interested, please reach out to Dr. Arredondo or Tonya Carter.	The committee has no further recommendations
Presenter: Sara Beth Abbott/Kati Bare Topic: Child Abuse Prevention Month April 2022	April is Child Abuse Prevention Month. 2000 blue lapel pin wheels were purchased by SETRAC to be given to the hospital staff along with an information sheet that will guide the staff to resources and educational tools. Had a huge response 47 organizations responded. There was information sent out regarding a social media campaign have not established a date to push it out yet. Moving forward an established date would be beneficial. Tonya will put it on the website.	The committee has no further recommendations
Open Discussion	Dr. Stacey Drake along with Houston TranStar initiative, It's Only a White Line was mentioned. A study on stranded vehicles on the side of the road or shoulders on the highways. Motorist that has been struck with injuries or	The committee has no further recommendations



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	fatalities. They are working on sponsoring a media campaign to help increase awareness and reduce the number of injuries and fatalities associated with stranded vehicles. Hoping to potentially have Dr. Drake come on for a discussion the next meeting to give more in-depth information and details and plans going forward. Wanted to have open discussion and thoughts in relations to this education. From a data collection standpoint, a robust but more of a minimum of 5 years to get sufficient data. Wanted to know if anyone had any thoughts, comments, or interests to have Dr. Drake come out. Tonya will see if Dr. Drake can come out for the next meeting. Casey is doing Tia Chi classes on Tuesdays and Thursdays. She put her email address in the chat for those who are interested. Maloney from Memorial Hermann the Woodlands will be starting their Tia Chi class on May 25th they will be doing it one day a week. Will send their flyer to Tonya to send out for those who are interested or want to come out to see. Tonya will send out the presentation from Dr. Greene to everyone.	
Next Meeting/Adjournment	Thursday, August 11, 2022, at 10:30am – In Person with Virtual Option	